Emerging Leaders in Psychology Academy
Skill and Knowledge Areas

Across the ten sessions in the Academy, we hope to raise the skill levels and knowledge areas of participants in the following 30 areas. What you are seeing are actual statements that form the pre and post-self-assessment rating form for participants. Answers run along a Likert scale ranging from “not at all” through “to a great extent.”

1. I know how to describe my current leadership style.
2. I know how to tell if I am ready to obtain new leadership roles.
3. I know how to meet the strategic challenges that come with new leadership roles.
4. I know the leadership issues that a leader typically encounters at different career stages.
5. I know ways to become more confident and successful as a negotiator.
6. I know how context determines the tactics that should be used when negotiating.
7. I know how to approach negotiation across a spectrum of situations.
8. I know how to apply scientific research in brain sciences to help develop creativity, collaboration, and effectiveness as a leader.
10. I know how to manage stress in order to avoid burnout.
11. I know how what contributes to feelings of imposter syndrome.
12. I know what resources are helpful in overcoming imposter syndrome.
13. I know how imposter syndrome differentially impacts people of diverse backgrounds.
14. I know what practices can be used to improve the ethical culture of a workplace.
15. I know ways that leaders and organizations can prioritize ethical considerations in their work with others.
16. I know how to approach interpersonal tensions using an ethical lens.

17. I know how to provide feedback to individuals that I am leading to foster positive outcomes.

18. I know strategies to effectively speak with a supervisee that presents as challenging.

19. I know what strategies to use when a lateral peer or supervisor presents as challenging.

20. I know how to cultivate long-term mentoring relationships that are mutually growth-fostering.

21. I know how to approach conflicts that may arise in mentoring relationships.

22. I know how to build trust in diversified mentoring relationships.

23. I know ways to engage a team toward an organization's mission.

24. I understand the developmental differences between new and well-established teams.

25. I know how to build trust in my team members.

26. I know basic project management principles and techniques.

27. I know how to manage projects as they grow in complexity.

28. I know how to properly delegate work within a team.

29. I know how psychology professionals can advance their organization's maturity in equity, diversity, and inclusion.

30. I know how to measure and benchmark equity, diversity, and inclusion.